

**Beauty I Aesthetics I Tanning I Holistics** 

#### Welcome to Charisma Salon

Established in 2007 Charisma Salon offers a friendly, tranquil environment to enjoy all your beauty needs. Run by mother and daughter June and Charlene, and a small team.

Charlene is a fully qualified beauty therapist with over 18 years experience, offering all of our extensive range of treatments so you are guaranteed a personal service.

When you enter Charisma Salon you will be greeted with smiles from our personable reception staff who are happy to help with booking your appointments and advising clients on safe and effective UV tanning.

All our treatments are carried out with the highest attention to detail, allowing you to relax in the upmost comfort, cocooned in the sanctuary of our serene spa-like treatment rooms.

Since opening in 2007 we have kept a loyal client base with our excellent customer service, our aim is that you leave the salon relaxed and feeling good about yourself.

We are always happy to give help and advice on any beauty or tanning related query you may have.







# Hands & feet

$G_{i_{f_{I}}}$	
$G_{ift}_{Vouchers}$	\
·ole	

Express Manicure (no polish)
£18.00
Standard Manicure + Polish
£25.00
Luxury Manicure + Paraffin Wax
Warm melted paraffin provides heat & intensely moisturises & softens skin. Beneficial for arthritis sufferers.
£30.00
French Polish
add £2.50
File & Polish
£16.00
File & French Polish
£17.50



Express Pedicure (no polish)
£19.00
Standard Pedicure + Polish
£31.00
Luxury Pedicure
Incl. paraffin wax an intensive warm
moisturising treatment, excellent for dry,
cracked skin or arthritis sufferers.
£35.00
French Polish Toes
add £2.50
File & Polish Toes
£16.00
File & French Polish Toes
£17.50

## CND Shellac gel polish

CND Shellac is a long wear gel nail polish for natural nails. Instantly dry after curing under a UV lamp, no nicks, chips or smudges,

high shine finish and up to 14 day wear!

French Shellac	
£27.50	)
Colour Shellac	
£27.50	)
Glitter/Chrome Shellac	
£28.50	)
Manicure & Shellac	
£40.00	)
Luxury Manicure & Shellac	
£45.00	)
Luxury Manicure & Glitter Shellac	
£46.00	)



Shellac™ 14-Day Wear. Zero Dry Time.

Mirror Finish.

Pedicure & Shellac	
	.£46.00
Luxury Pedicure & Shellac	
	£50.00
Pedicure & Glitter Shellac	
	£47.00
<b>Luxury Pedicure &amp; Glitter Shellac</b>	
•	£51 00

# Body treatments



#### **Swedish Massage**

a deep pressure massage to relieve knots and tension in muscle tissue.

Full body - 1hr	£45.00
Back - 30min	£29.50

#### **Aromatherapy Massage**

a massage consisting of light strokes & a specialised blend of essential oils to suit the clients needs.

Full body - 1hr	£45.00
Back - 30min	£29.50

#### Reflexology

very relaxing holistic foot massage rebalancing the body's energy pathways through pressure points. Promotes a sense of overall well being, often lifts energy levels.

45min	£30.	.0	0
4311111	.230	·U	U

#### Lava Shell Massage







## **SPArituals**

Dedicated to the spa tradition, SpaRitual is committed to creating eco-friendly products and packaging perfectly crafted for the enlightened consumer. Using Vegan ingredients from around the world, including many specially sourced and selected plant essences that are wild crafted or organic. The formulations are naturally coloured and free of synthetic dyes.

### **Deep Cleansing Clay Back Mask**

A aromatherapy salt scrub prepares the back by removing dead skin cells. Formulated with Red Earth Clay this mask is designed to stimulate removal of impurities from the skin.

30min	£36.00

### **Indonesian Ginger Body Treatment**

The skin's surface is first scrubbed with scented organic salts in preparation to receive the infused Organic Ginger Root masque formulated to firm and moisturize; leaving skin, revitalised, nourished and radiant.

1hr 30min		.£66.00
-----------	--	---------

#### **SPAritual Exfoliating Body Scrub**

A blend of mineral rich organic salts loosen and lift dead cells to exfoliate the skin. On a physical level the scrub stimulates the lymphatic system, aids circulation and eliminates toxins. Skin is left soft, renewed and glowing.

Choose from Indonesian Ginger, Chinese Jasmine, Indian Frankincense or Egyptian Geranium

1hr£40.
---------

# Facials



#### **Eve Taylor**

Eve Taylor London is truly passionate about natural skincare, harnessing the power of aromatherapy and botanical extracts to enhance skin and wellbeing. Eve Taylor products expertly blend essential oils together to create synergistic formulations. The collective effects of a synergy become greater than the individual effects and offer highly therapeutic and effective benefits to both the skin and senses. Most products in the range are Vegan friendly and all are animal friendly.

### **Essential Prescriptive Facial**

A prescriptive facial tailored to your current skin condition to achieve the best skin possible. Aromatherapy products are selected to deeply cleanse, gently exfoliate and prepare the skin ready to absorb aromatic massage oils and luxurious facial masques. Skin is left replenished, hydrated and protected.

60 min .....£48.00

#### **Express Prescriptive Facial**

This mini treatment will refresh the skin with aromatic cleansers then buff away dulling skin cells. A rapidly working masque will infuse the skin with nourishment before hydrating moisturisers protect the skin.

30 min.....£28.00

#### **Intensive Prescriptive Facial**

Taking skin care one step further this treatment uses intensive exfoliants to resurface the skin leaving it smooth and soft. Using potent aromatic essential oil blends, powerful targeted serums and speciality masques customised to achieve intensive results, this treatment will leave your skin glowing.







## Crystal Clear Microdermabrasion

Our luxury Crystal Clear Microdermabrasion facial is clinically proven to dramatically improve the texture of the skin and works on removing fine lines and wrinkles, clearing blocked pores, acne scarring, refining sun-damaged, ageing skin and as a beauty flash treatment for dull, tired-looking complexions. Crystal Clear Microdermabrasion uses ultra-fine diamond-hard aluminium oxide crystals to buff and polish the skin, gently removing dead skin cells layer by layer. The crystals are then vacuumed back up along with the exfoliated layers of skin, encouraging collagen re-growth, boosting circulation and improving lymphatic drainage along the way. The treatment includes a hydrating and lifting mask clinically proven to reduce wrinkle depth by 26%.

lhr .....£52.50

## Photo of Skin tag removal



Plasma Fibroblast technology works by touching a specialised probe on to the skin causing an affect called plasma sublimation. Dissolving excess, saggy or damaged skin stimulating production of healthy fresh cells. Resulting in the reduction of scarring, pigmentation, wrinkles and crepey/loose skin.

# Plasma Fibroblast

The revolutionary Plasma Fibroblast procedure, created by Doctor Moretto in Italy, uses a non invasive probe which touches the skin creating an electrical arc precisely targeting areas of concern by a process called plasma sublimation. The skins natural cellular repairing mechanism is stimulated to remove or repair tissue exactly where it is needed without leaving any scarring and no damage to pigment, only leaving healthy fresh skin. With a course of treatments it is possible to achieve a lifting and tightening effect comparable to cosmetic surgery, without the requirement for a general anaesthetic, any incisions and no scars. Some conditions, such as skin tags, are treatable in 1 session.

#### Conditions Treated:

- Skin Tags
- Milia/white spots under skin
- Hooded Eyelids
- Under eye bags
- Age Spots
- Eyebrow lift
- Wrinkles
- Large & small Keloids
- Scars of any age

Upper eyes	£120
Lower eyes	£120
Crows feet	£75
Lips	£75
Nose to mouth	£50
Forehead	£75
Tawline definition	£75
Neck lift	£120

- Stretch marks pink or silver
- Rejuvenate hands
- Acne scars
- Jaw lift
- Neck lift
- Full face lift
- Skin fibroids
- Tummy tightening
- Tattoo removal



Scars Age/sun spots Skin tags Freckles	Milia Pigmentation Stretch marks Tattoos
15 mins	£60

# IPL laser treatments

#### **Hair Reduction**

#### How Does IPL Hair Reduction Work?

IPL stands for Intense Pulsed Light. This incredible technology is a safe and effective way to remove unwanted hair and is based on emitting high intensity pulses of light which is absorbed by the pigment in the hair to travel down the follicle and destroy the hair at the root. The base of the hair is heated to 70°C for a millisecond destroying the base of the follicle so no more hairs can grow. The successfully treated hairs then fall out over the next 1-2 weeks.

#### Is The Treatment Permanent?

IPL is the most permanent form of hair reduction available with current technology. A recent study showed that the percentage reduction in hairs after treatment using IPL systems are well above 80%.

#### Can All Types Of Hair Be Treated?

As the light targets Melanin(pigment), the darker the hair, the better the result. This is not a recommended method for removing white or red hairs, these clients would see better results from our electrolysis service.

### **Skin Rejuevenation**

#### Skin Conditions treated

treatment.

Broken Capillaries
Spider Veins
Thread Veins
Rosacea
Age spots
Pigmentation due to sun damage

#### **How Many Treatments Are Needed?**

A course of at least 6 treatments at monthly intervals is recommended although this is very much dependant on the individual client and the degree of the condition.

Maintenance sessions may then be needed periodically as a top up to the

A consultation & patch test will be required before commencing treatments .....£10

Lip, Nose,	Chin,	Bikini line,	½ arm,	Full face &	Upper/lower	Full leg, Full
Ears,	Cheeks,	Hands, Back	Brazilian,	neck	Back, Full	back
Nostrils	Sides of face	of Neck	Shoulders,		arm, ½ leg	
			Full face			
£25	£40	£55	£100	£120	£130	£180

#### Treats:

Dark Hair Broken Capillaries Age Spots Rosacea Thread Veins Pigmentation

Other areas can be treated, this is a guide only. Consultation fee will be deducted from initial session. Discount for multiple areas.

# Hair removal

#### Waxing

All waxing is performed by a experienced therapist using satin smooth premium gold warm wax with Manuka oil to soothe and restore skin.

Half leg	£20.00
Full leg	£26.50
Bikini	£16.50
Brazilian	£29.00
Hollywood	£32.00
Half leg & bikini	£32.50
Full leg & bikini	£39.00
Half leg & brazilian	£44.00
Full leg & brazilian	£45.50
Half leg & hollywood	£47.50
Full leg & hollywood	£53.50

#### **Electrolysis**

Permanent hair removal using a sterile disposable needle and diathermy method. The aim of the treatment is to cauterise the blood supply to the hair so it can no longer grow.

The client needs to be aware that unfortunately there is no quick fix treatment for permanent hair removal; electrolysis treats each hair individually and multiple treatments are necessary for effective results.

treatment time	e	
<b>Upto 15mins</b>		£17.50
<b>Upto 30mins</b>		£25.00



Eyebrow shape/wax	£10.50
Underarm	
Forearm	£16.00
Full arm	£19.50
Upper lip	£7.50
Chin	£9.00
Upper lip & chin	£13.50
Sides of face	£9.00
Lip, chin & brow	£21.00
Lip, chin & sides	£21.50

### **Mens Grooming Treatments**

Brow tidy
using tweezers and wax to tame wild brows without looking too thin£10.50
Back wax£26.50
Chest wax
£26.50
Back and chest wax
£50.00
Hand and nail care treatment
tidying and shaping of nails and attention to dry, cracked hands.

# Microblading

Microblading is a semi permanent make up technique, originating in Asia, of implanting pigment in the skin using a tiny blade which leaves thin realistic hair strokes. Microblading restores thin, sparse or missing brows or can be used as an enhancement of natural brows.

Also known as eyebrow tattooing, microstroking, feather tattooing, feathering, hairstroking and more.

### Initial appointment - 2 hours

Together we design a brow which is totally bespoke to you

Your colour will be mixed from the highest quality pigments just for you.

We carefully design your Microbladed brows in brow pencil to ensure you are completely happy with the shape your new brows will take before the Microblading begins.

#### Touch up - 30 days after initial

#### 1-2 hours

You should come in for a touch up to affirm your new brows for longevity. This appointment can last as little as 30 minutes or as much as two hours, depending on the amount of work needed. It is normal that some strokes may have been lost from the initial treatment and will need reapplying in this session.

Results last 12-18 months before a top up is needed.

Initial appointment including 1 month top up	£200
12 month top up	.200
	£100

Please visit our Facebook page for more Microblading photos @CharismaTanningandBeautySalon









# Tanning

#### Sienna X Spray tan .....£26.00

Steer away from DIY patchy orange tans with a natural looking tan to suit every skin tone. Professional application ensures a golden streak free, even tan.

#### Before

- The night before your tan, exfoliate & moisturise skin particularly elbows, knees and any dry areas
- Paint nails and toe nails to protect natural/false nails from staining
- Perform any hair removal 24 hours prior to tan
- Do not use moisturisers or skin lotions on the day of your tan
- Thoroughly remove make-up, deodorant, perfumed products etc before your appointment.

#### After

- The guide colour seen immediately after spraying will be speckled/mottled and must be left to develop for 8-12hrs before showering off and patting dry.
- Bring and wear dark loose clothing
- Wear flip flops
- Do not shower/bathe for at least 8hrs
- Do not exercise or swim during the development period
- Avoid touching your skin during your developing time. Tip: wear loose socks over hands in bed
- Long exposure to water and sweating from exercise will fade your tan
- Moisturising prolongs the life of your tan.



### Gift Vouchers

A gift voucher from Charisma Salon makes the perfect gift for any occasion.



They are available to order over the phone or by visiting us in the salon.

Tel: 01772 787575

#### UV Tanning Sunbed & Sunshower

3 minutes	£3.00
6 minutes	£4.00
9 minutes	£5.00
12 minutes	£6.00
30 min course	£11.00
75 min course	£25.00
132 min course	£40.00

UV tanning sessions and courses are great for preparing your skin for holidays, keeping up a tan or as a pick me up in winter months.

Look out for our seasonal special offers. Booking not necessary.

# Eye treatments

**Lash Extensions** 

Lashes are made to look thicker and longer through professional application of individual synthetic lashes directly to natural lashes. Your lash professional will choose from a range of lengths and thickness to suit your natural lashes and to achieve your desired result, whether it be a soft natural effect or a defined glamorous look. For prolonged wear maintenance top ups are required every 2 weeks.

Perfect for holidays, special occasions or day to day wear.

#### Full set

	£55.00
Infills	
within 2 weeks/45min	
	£25.00
after 2 weeks/1hr from	
	£31.00



For reduction of hooded eyelids, crows feet and eyebags please see our Plasma Fibroblast treatment page

Eyebrow pluck/wax	
	£10.50
Eyelash tint*	
	£16.00
Eyebrow tint*	
	£10.50
Eyebrow wax & tint*	
	£19.50
Lash & brow tint*	
	£23.00

<sup>\*</sup>a patch test is recommended 24hrs prior to tinting.

## Pamper Packages

#### The eyes have it

Brow Shape & Lash and Brow tint
pamper your peepers and flutter those lashes
30 min ......£32.00

#### **Holiday essentials**

#### Stressbuster

Back Massage & Mini Facial
ultimate relaxation for those stressful days
1hr .....£48.00

### Cancellation policy

We require 24 hours notice to cancel or amend treatment bookings. Substantial bookings of treatments or packages will be subject to a non-refundable deposit.

### Opening hours

Tuesday - Friday 10:30am - 7:00pm

Saturday 10:30am - 4:00pm

342 Blackpool road Fulwood Preston PR2 3AA Tel: 01772 787575

② @CHARISMA\_SALON\_PRESTON
 ■ www.facebook.com/CharismaTanningandBeautySalon www.charismatanningandbeauty.co.uk

